



## Giant PANDA

### Pregnancy ANtihypertensive Drugs: which Agent is best?

#### Myth busting

*Labetalol  
vs  
Nifedipine*

#### ✚ Isn't labetalol first line in the NICE guidelines?

UK guidelines recommend Labetalol first line because it holds a license for this use. Both drugs are safe in pregnancy (nifedipine holds a license for preterm birth) but we don't have enough high-quality data to know which works best. This trial will help us find out.

#### ✚ Doesn't nifedipine work better in Black women?

Outside of pregnancy, many guidelines recommend that ethnicity should influence prescribing. **We do not have enough evidence for pregnant women.** Women of all backgrounds deserve the opportunity to contribute to the evidence in pregnancy, to ensure we can improve clinical care for all women. This trial will help give us that evidence.

## Doesn't labetalol cause neonatal hypoglycaemia?

Although British perinatal medicine guidelines recognise labetalol as one risk factor for neonatal hypoglycaemia, we need more evidence to understand whether the underlying disease, early birth or the drugs most impacts the babies. This trial will help show how to best understand these risks.

**Women deserve evidence not myths –  
we need the Giant PANDA trial!**

If you see a woman who is:

- i) 11<sup>+0</sup> – 35<sup>+6</sup> weeks' pregnant*
  - ii) with a diagnosis of pregnancy hypertension*
  - iii) about to start or taking antihypertensive drugs*
- 'Just ask'** if they want to take part

*Further information:*



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