

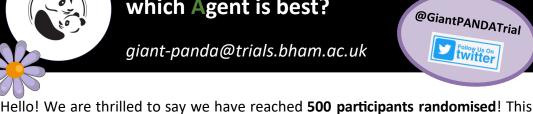






## **Pregnancy ANtihypertensive Drugs:** which Agent is best?

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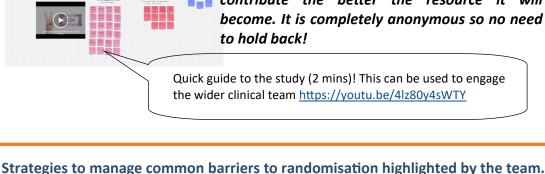


is an incredible achievement and more participants than have ever been in trials examining labetalol and nifedipine for use in pregnancy hypertension! A special prize will be winging its way to Cardiff Bay who randomised the 500th participant. Well done and thank you! At the teleconference this month, we worked together to collect, display and discuss some of the challenges we have faced other the last year with Giant

See our board here: <a href="https://miro.com/app/board/uXjVPcoEMAo=/">https://miro.com/app/board/uXjVPcoEMAo=/</a>

PANDA. We also used this opportunity to also share 'tips' and best practice.

## love to hear from you. The more people who contribute the better the resource it



become. It is completely anonymous so no need to hold back! Quick guide to the study (2 mins)! This can be used to engage the wider clinical team <a href="https://youtu.be/4lz80y4sWTY">https://youtu.be/4lz80y4sWTY</a>

Please get stuck in and add your thoughts and experiences to the topics presented. We would

**Overcoming barriers** 

Explain to the woman that although we know that both medications are safe, only two trials, totaling 354 women have ever examined Labetalol

working for any reason, that it can be switched or added to at any time. The woman's experience of her medication, as captured by her survey respons-

If she would prefer to stay on her current medication, it is worth offering the observational study (many women say yes) and re-approaching her if/ when she requires an increase in her current antihypertensives later in her

whom have the most complex needs. These women are very likely to receive either Labetalol or Nifedipine for treatment if their hypertension in

pregnancy and they should be being counselled about these medications as

ensure you are not overloading the woman with a lot of information. Having

the support of the wider clinical team to explain the study and how it sits

within usual clinical care may reassure the woman that what she is being

asked is not 'risky'. There is always the option to follow her up later if she

It is worth highlighting that the two medications used in the Giant PANDA

considered safe. The variation in use of these two medications is because

are the most commonly used for hypertension in pregnancy and are

we do not have the evidence to conclude which one is more effective.

needs some time to consider taking part. Don't forget women can be consented remotely if required to save additional hospital visits.

compared to Nifedipine so we don't have the evidence to conclude which is better for both her and her baby. Emphasize that if the medication is not

to informed decision making for women in the future.

The woman is already on anti-hypertensive

medication and is not keen to switch

There are no study

The woman is newly

diagnosed/being ad-

The woman is not keen

to do research whilst

mitted and feels

overwhelmed

pregnant

**Barriers to ran-**

domisation

## es, is a key part of the trial. Taking part in the study means that we will have much better information on these two medications and this can contribute

pregnancy about being randomised. Some women are very happy to take part at this time. But doctors and midwives have told us that they are often pleasantly surprised by how many women do say yes when offered the trial, even when we think that a woman is settled on her medication. The reason for this is that it is extremely important that the study results are as generalisable as possible. We want to include as many women as possible, including those who speak other languages, who may usually receive care via a translator (such as Language Line). We are keen to include women through using a translator so that we can be inclusive, particularly some of

materials in other lanpart of their routine clinical care anyway. Routine translation services such as Language Line can be used to translate the PIS/ consent and two-week guages follow-up. We do not need you to complete the other monthly follow-ups with the participant. We know that time is always a factor when you are approaching women in a clinic situation so we really appreciate the efforts that midwives go to in order to include these women in the trial. If you think you maternity unit would really benefit from translation of the PIL into a specific language, please let the giant PANDA study team know Giant-PANDA@trials.bham.ac.uk It is important to be sensitive to these feelings of being overwhelmed and

Recruitment

Aneurin Bevan University Health Board

Burnley General Teaching Hospital ardiff Bay Hospital

Chelsea and Westminster Hospita

Hywel Dda Health B

Leeds Teachi

East Suffolk and North Essex NHS Foundation Trust - Ip

Homerton University Hospital NHS Foundation Trust

confused over which panda!"

Queries!

Monday-Friday

Mon/Weds/Thurs

giant-panda@trials.bham.ac.uk | 07779 445 367 Danielle Ashworth, NIHR Clinical trials fellow

danielle.c.ashworth@kcl.ac.uk | 07894336088

ng Hospitals NHS Trust

Manchester University NHS Foundation Trust

Guy's and St Thomas' NHS Foundation Trust

Kingston Hospital NHS Foundation Trust

101 Birmingham Women's and Children's NHS Foundation Bradford Teaching Hospitals NHS Foundation Trust 25-08-21 40 15 24 Buckingham Healthcare Trust (Stoke Mandeville) 30-09-21 13 1.0 09-11-21 1 0.7 20 County Durham and Darlington NHS Foundation Trust 17-02-22 0.3 1

1

Jul

Total

26

138

40

69

47

Jun

1

4

Date opened

21-06-22

14-12-21

16-06-21

11-06-21

03-02-22

05-10-21

Randomisations

Total

60

14

Aug

1

Recruitment rate

(last 3 months)

0.0

1.0

0.3

0.3

0.3

September:

We'll be back to our usual monthly raising Total

19

11

3

11

38

10

2

Mid Yorkshire NHS Trust	01-08-22	2	2					0.0		
North West Anglia NHS Foundation Trust	31-03-22	3	12				3	0.0	1	4
Nottingham University Hospitals NHS Trust	27-07-21	2	43	1	1	1	23	1.0	1	2
Oxford University Hospitals NHS Foundation Trust	10-09-21	5	41	1		3	13	1.3	1	11
Royal Cornwall Trust	10-08-21	2	20			1	6	0.3	1	12
Royal Wolverhampton NHS Trust	14-06-21	3	39		1		12	0.3	3	19
Salisbury District Hospital	08-06-22	2	7		2	2	4	1.3		2
Sheffield Teaching Hospitals NHS Foundation Trust	20-01-22	4	35	1	1	1	7	1.0		9
Somerset NHS Foundation trust (Musgrove Park)	28-03-22		16	2	2		4	1.3		8
South Tees NHS Foundation Trust	11-05-22	2	12		6	2	9	2.7		1
South Tyneside And Sunderland NHS Foundation Trust	15-02-22	1	11				6	0.0		3
St George's University Hospitals NHS Foundation Trust	04-02-22	7	55	4	2	3	18	3.0	4	13
Swansea (Singleton Hospital)	26-05-21	1	52	2			33	0.7		13
University Hospital Southampton NHS Foundation Trus	19-07-21	3	16			1	5	0.3		1
University Hospitals Dorset NHS Foundation Trust	02-02-22	2	55	2	1	2	17	1.7	1	8
University Hospitals Of Leicester NHS Trust	14-07-21	2	26	4		2	19	2.0		4
West Middlesex Hospital	21-07-21	2	46	3	2	1	25	2.0		3
Western Sussex Hospitals NHS Foundation Trust	18-11-21		23	2	2		8	1.3		
		_	4.0	2	2	1	7	1.7	1	5
Whittington Hospital	21-04-22	2	13	2		1	,	1.7		
		86	1251	48	42	31	501	40	23	283
Whittington Hospital Grand Total	ment tar	get (la	1251 ast 3 n	48 nonths	42					

ANC basically any empty wall space was filled with Giant PANDA posters. I am known as the Giant PANDA lady 😥 I am constantly educating staff, as we also have a panda study relating to iron dose in pregnancy, so lots of people getting

August break!

We took a small

of queries in Septembreak this last ber. Please keep a look month from out for the emails from querying. Don't forget to update If you feel you would the Change of Study benefit from 1:1 to dis-Status Form as needed cuss your queries with our team, please don't hesishould a query ate to get in touch. indicate this is Annemie Legg Research Midwife - Poole Hospital

recruitment and follow-up work for Giant PANDA!!" - Stephanie Grigsby Want to nominate? Please email a.evans.10@bham.ac.uk with details of whom you would like to nominate and why! **Professor Lucy Chappell, Chief Investigator** Professor Jenny Myers, Co-Chief Investigator Hannah Wilson, Lead Research Midwife Mon/Weds/Thurs Hannah.1.Wilson@kcl.ac.uk | 07921317891 Lisa Leighton, Trial Manager (Birmingham Clinical Trials Unit) Abbie Evans, Data Manager (Birmingham Clinical Trials Unit)

"Annemie has been nominated for all of her work hard screening,