

**R**andomised controlled trial of  
**E**arly transjugular intrahepatic portosystemic stent-shunt in  
**A**cute **V**ariceal **B**leeding **REACT-AVB** trial.



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## SUMMARY PATIENT INFORMATION SHEET

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**We would like to invite you to participate in the REACT-AVB trial.**

This Information Sheet summarises the purpose of the trial and what is involved in taking part. Please note: participation is voluntary and this will not affect the care that you receive.

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### Trial Summary

- ❖ Variceal bleeding is a serious complication of liver cirrhosis.
- ❖ Patients with variceal bleeding need treatment with medicines and endoscopic treatment to stop the bleeding and prevent further bleeding. This is known as standard of care (SOC).
- ❖ For patients at high risk of bleeding again, an “early” Transjugular Intrahepatic Portosystemic Stent-Shunt (TIPSS) is offered to reduce the risk of further bleeding.
- ❖ We do not know which treatment is better. Therefore, this trial is being conducted to find out if early TIPSS is better than SOC.
- ❖ This trial will randomly assign patients to either SOC or early TIPSS.
- ❖ You will be seen, either as an inpatient, during standard clinic visits or over telephone/video consultation, every few months to assess well-being, look for any untoward effects and collate further data needed for this trial.
- ❖ Trial participation and information provided will be kept confidential and handled in accordance with General Data Protection Regulation (GDPR) and Data Protection Act 2018 for health and care research.
- ❖ You will be provided with the main patient information sheet when you feel well enough.
- ❖ In order to take part in the trial, you will be required to sign a consent form.
- ❖ We aim to improve the care of patients with liver cirrhosis and oesophageal variceal bleeding. **If we conclude that early TIPSS is more effective in terms of survival, cost, and quality of life than SOC, this could lead to a major change in clinical practice.**