## **WILL Training page**

Information on this page will help you with any discussions you have with women and doctors/midwives caring for them about WILL.

We will feature a different topic each month. This month is:

## Chronic Kidney Disease (CKD) ...

### The National Registry of Rare Kidney Diseases (RaDaR)

This is a Renal Association initiative designed to pull together information from patients with certain rare kidney conditions, such as CKD in pregnancy.

#### www.rarerenal.org

For more information about CKD in pregnancy



# RaDaR supports participation of women with CKD in WILL.

These women are eligible for inclusion in WILL as long as they have no evidence of superimposed preeclampsia and meet other inclusion/exclusion criteria.



## and ... High Body Mass Index (BMI)

Underweight below 18.5 Healthy Weight between 18.5 and 24.9 Overweight between 25 and 29.9 Obese between 30 and 39.9 Around 1:5 (20%) of pregnant women have a BMI of 30 or above at the beginning of their pregnancy.

When is the best time to give birth to my baby?

To date there are no RCT's to guide timing of birth for women with high body mass index...

There is one trial that will be starting soon in Denmark.



Two large observational studies have associated planned early term birth with a reduced incidence of Caesarean...

- 1. Leonard SA, Carmichael SL, Main EK, Lyell DJ, Abrams B. *Risk of severe maternal morbidity in relation to pre-pregnancy body mass index: Roles of maternal co-morbidities and caesarean birth.* Paediatr Perinat Epidemiol 2019. doi: 10.1111/ppe.12555.
- 2. Palatnik A, Kominiarek MA. *Outcomes of elective induction of labor* versus expectant management among obese women at ≥39 Weeks. Am J Perinatol 2019. doi: 10.1055/s-0039-1688471.

BMI is a planned subgroup analysis in WILL:

Please consider inclusion to WILL for this group of women so results can also guide their care.

**WILL Trial Newsletter** 

Website: www.birmingham.ac.uk/WILL



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