



Do you have High Blood Pressure in Pregnancy?

Help us to find out how to make pregnancy and birth safer

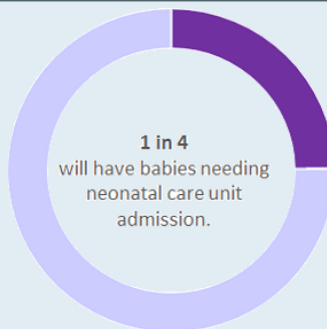
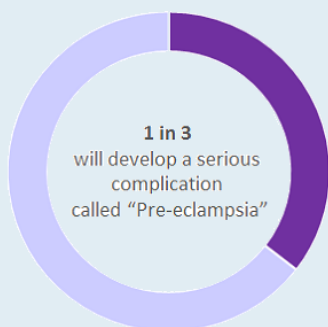
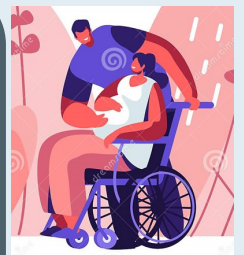
Around 1 in 10 pregnancies will be affected by high blood pressure, known as **Pregnancy Hypertension**.



Problems with blood pressure during pregnancy are more common in ethnic minorities, over 35s and those who are overweight (BMI above 30), although it can affect any pregnancy.



Even if you are feeling well, having **pregnancy hypertension** means that you are at higher risk of developing complications, such as pre-eclampsia, or needing to have a Caesarean birth. Some babies may require extra care in hospital when they are born. Sadly, there is also a small increased risk of stillbirth after 36 weeks.



By keeping your blood pressure well controlled during your pregnancy, you can reduce these risks. It is important to attend all antenatal appointments for your blood pressure to be checked regularly. If you have any concerns or questions, and to find out how to reduce your risks, talk to your Doctor or Midwife.



To reduce the risk of complications occurring, if you have pregnancy hypertension, you may need to have labour started (induced) and may not be able to wait for labour to start naturally.

It is not known when is the best timing for you to give birth.

The WILL Trial “When to Induce Labour to Limit risk in pregnancy hypertension” aims to answer this question. If you’d like to know more or take part, speak to your doctor, midwife or research team on: <insert research team details here>



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