

YOUR HOME YOUR WELLBEING

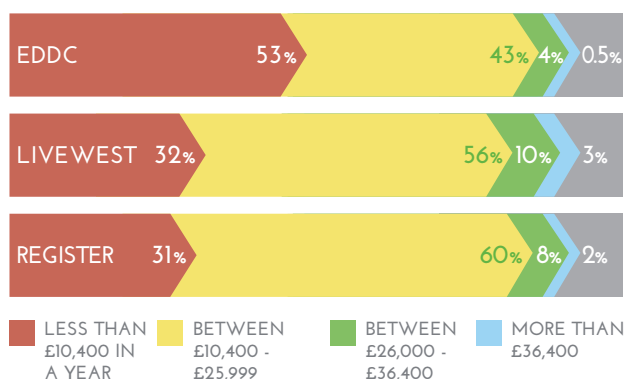
YEAR 3

895 people from the South West of England have taken part in the final stage of a joint three-year project exploring the relationship between housing and wellbeing with the Centre on Household Assets and Savings Management (CHASM) at the University of Birmingham, East Devon District Council (EDDC) and LiveWest.

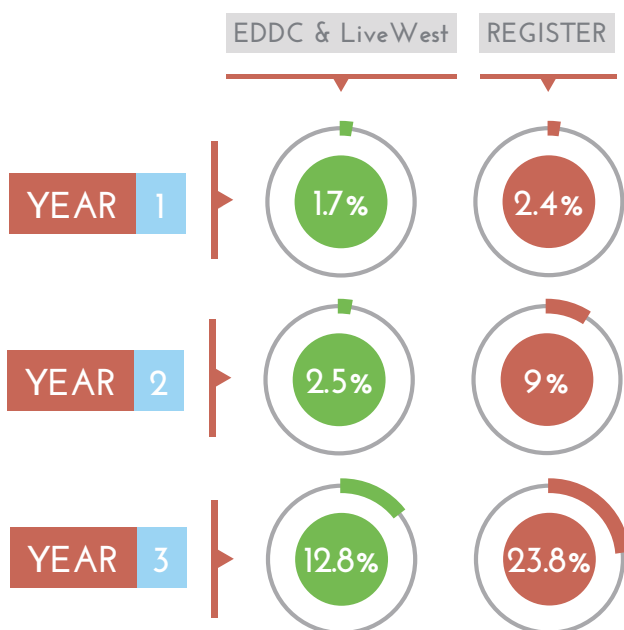
The respondents to the survey were a sample of social housing tenants from EDDC and LiveWest, shared owners from LiveWest and a sample of those who are on the waiting list for social housing (Register).

1. FINANCIAL WELLBEING

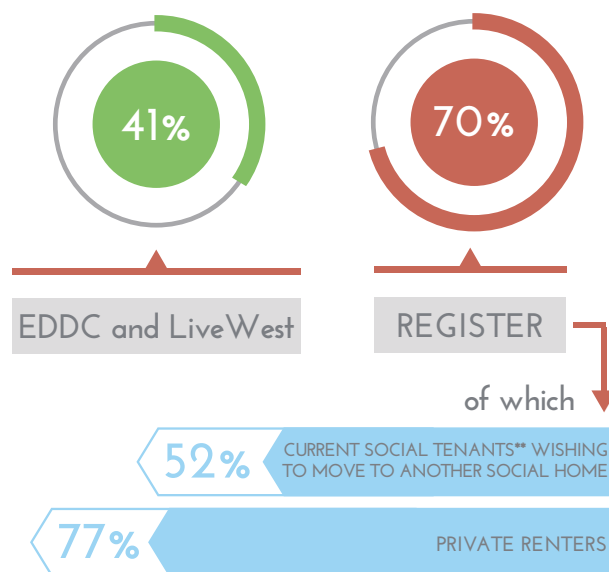
RESPONDENT'S ANNUAL INCOME*



RESPONDENTS RECEIVING UNIVERSAL CREDIT (UC)



RESPONDENTS REPORTING THAT THEY ARE STRUGGLING TO MAKE ENDS MEET:

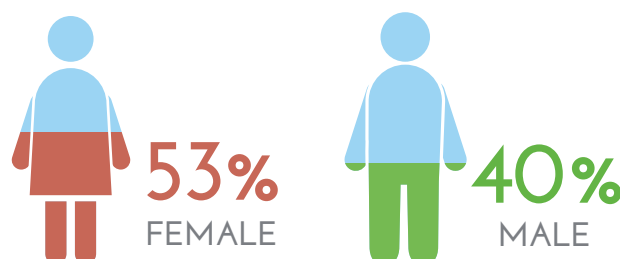


** Social tenants in this group could be tenants of organisations other than EDDC or LiveWest

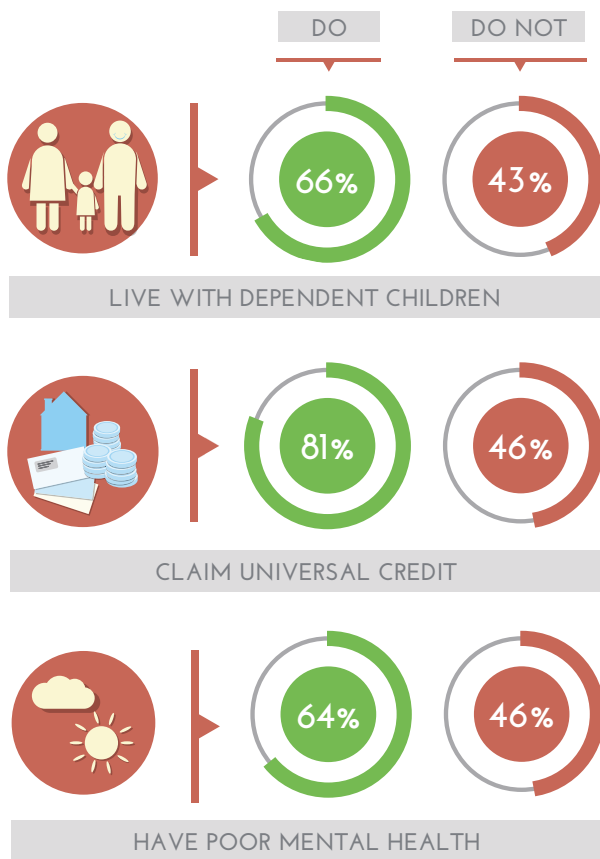
WHO IS MOST LIKELY TO BE STRUGGLING TO MAKE ENDS MEET?

49% of our survey population say they are struggling financially***

a) Breakdown of respondents who report to be struggling financially:



*** Numbers provided are based on a weighted sample



b) Respondents who report they are struggling to make ends meet are more likely to:



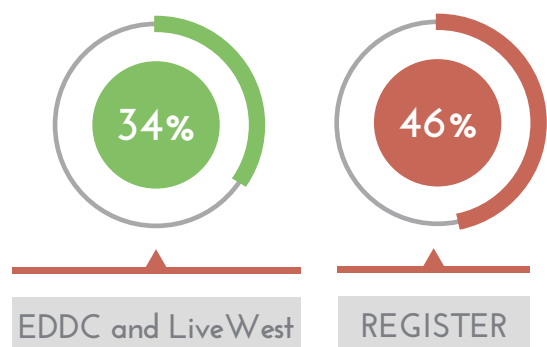
c) Respondents who reported they were not struggling to make ends meet are more likely to:



2. SELF-REPORTED WELLBEING

ANXIETY

Social tenants are less likely to report feeling **anxious** than those on the Register:



LIFE SATISFACTION

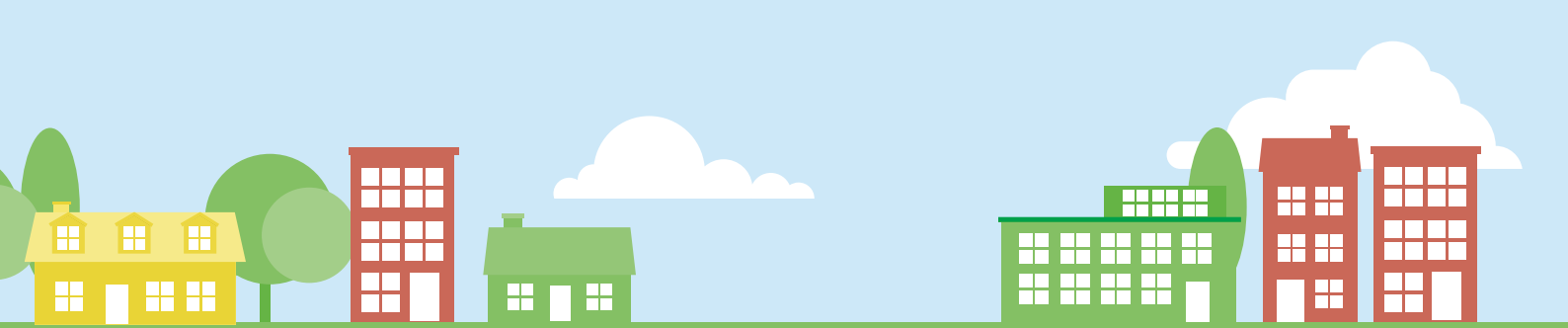
Respondents who report being **satisfied with life**:



HAPPINESS

Social tenants are more likely to say they are happy:

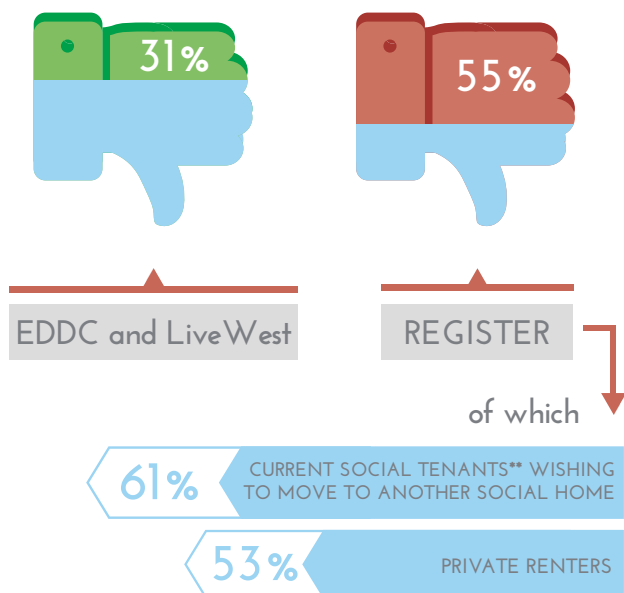




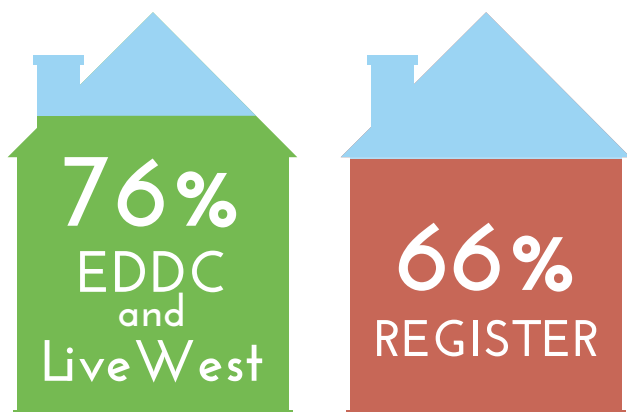
3. WELLBEING AND THE EXPERIENCE OF HOME

HAVING A GOOD HOME MATTERS TO LIFE SATISFACTION

RESPONDENTS REPORTING THAT SOMETHING ABOUT THEIR HOME NEGATIVELY AFFECTS THEIR WELLBEING:

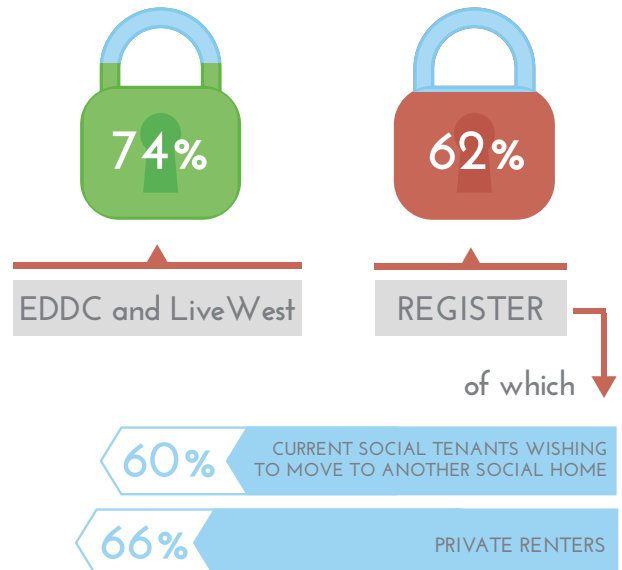


FEELING SAFE IN THE HOME:

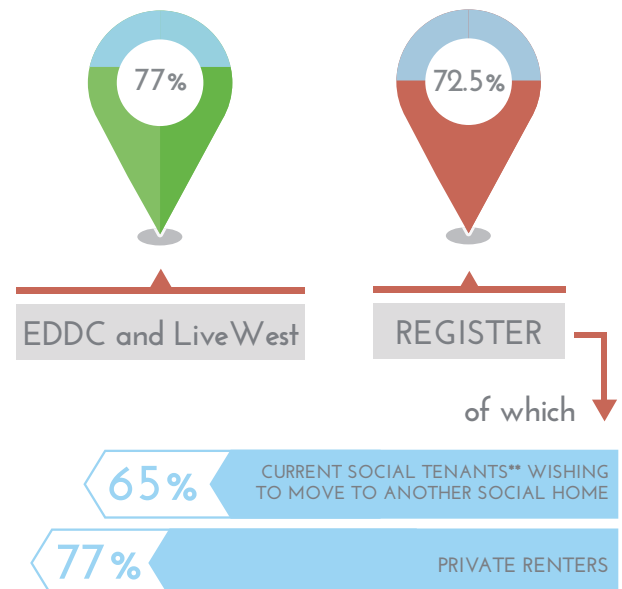


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HAVING DESIRED PRIVACY AT HOME:



RESPONDENTS WHO ARE SATISFIED WITH THE AREA THEY LIVE IN:



SATISFACTION WITH LOCAL AREA IS ASSOCIATED WITH:





4. TENURE AND WELLBEING 3 YEARS ON: A LONGITUDINAL PERSPECTIVE

LOOKING ACROSS THE THREE YEARS OF OUR STUDY WE FIND THAT RESPONDENTS ARE:

MORE LIKELY



HAPPINESS

To feel happy if they are social tenants, in good health, satisfied with the local area they live in, satisfied with the housing services provided by the landlord, feel they have privacy or feel like they can do what they want in their home.



ANXIETY

To feel anxious if they have poor mental health or are financially struggling.



LIFE
SATISFACTION

To report being satisfied with life if they are social tenants, in work or retired, in good health, are satisfied with the local area they live in or feel that they are able to do what they want with their home.



MENTAL HEALTH

To report being satisfied with life if they are social tenants, in work or retired, in good health, are satisfied with the local area they live in or feel that they are able to do what they want with their home.



STRUGGLING TO
MAKE ENDS MEET

To report that they experience poor mental health if they are less than 65 years old, are living alone, are living with non-dependent children, feel that there is something about their house affecting their wellbeing in a negative way, or are struggling to make ends meet.

For more information about the research this summary is based on, please contact Dr James [Gregory \[j.gregory@bham.ac.uk\]\(mailto:Gregory.j.gregory@bham.ac.uk\)](mailto:Gregory.j.gregory@bham.ac.uk) or Prof. Andy [Lymer \[a.lymer@bham.ac.uk\]\(mailto:Lymer.a.lymer@bham.ac.uk\)](mailto:Lymer.a.lymer@bham.ac.uk). This project was undertaken by CHASM, in partnership with East Devon District Council and LiveWest. Data collected for this report occurred pre-Covid-19 lockdown in March 2020. Find out more about this project and its results from www.birmingham.ac.uk/research/chasm.



LiveWest

UNIVERSITY OF
BIRMINGHAM



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