

Mellow Dads

What it's been like for me when my Dad went on
Mellow Dads

Before



2 hours
visits

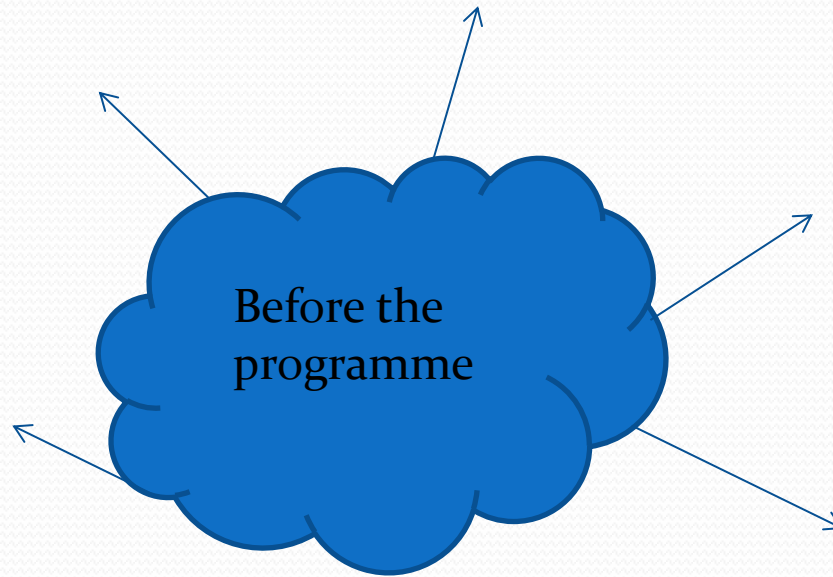
Sad

Normal
visits were
boring

Couldn't
interact much

Before the
programme

No quality
time
together



Getting ready

Visits to my home

Activities set up for us

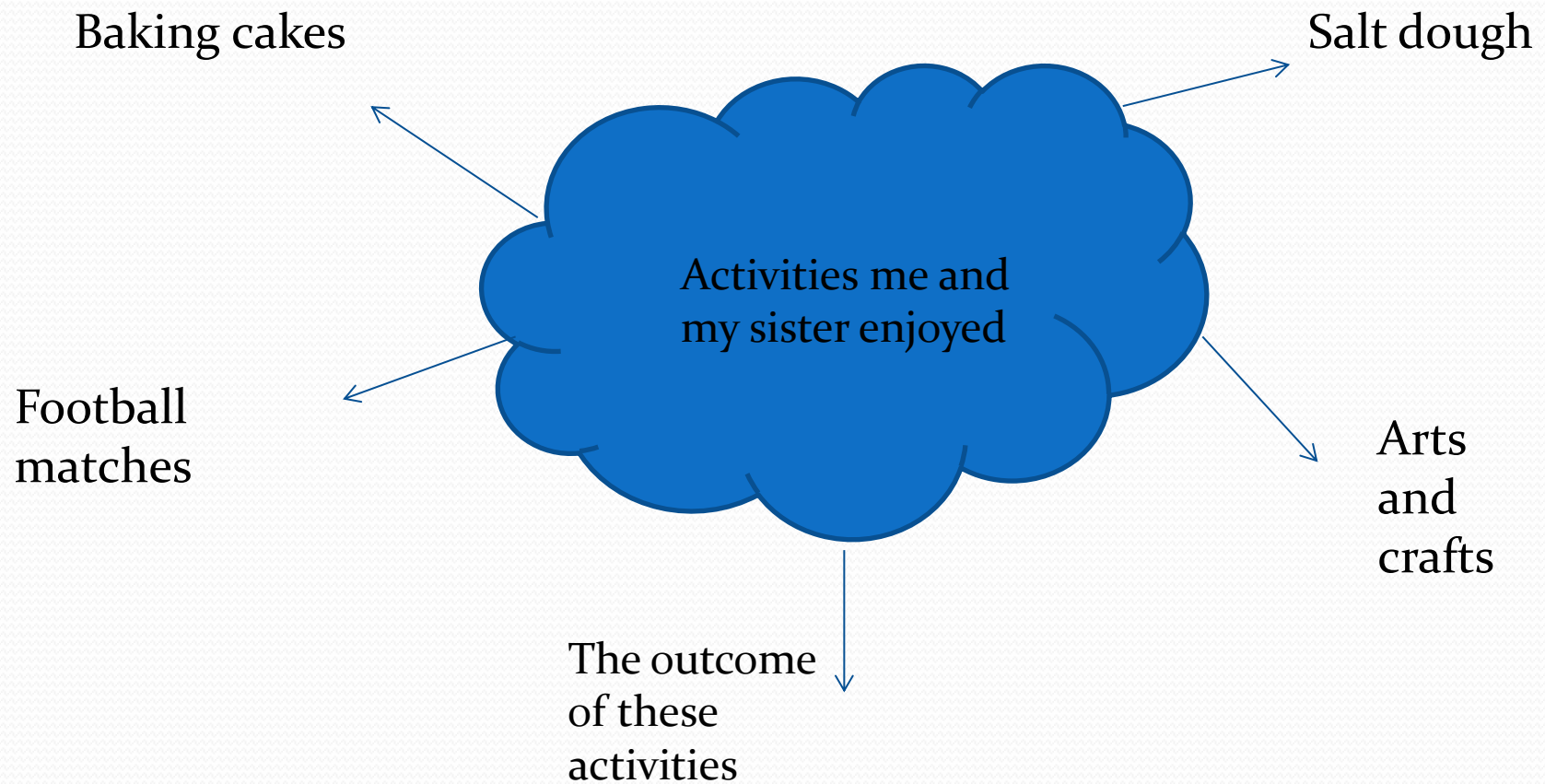
Meeting the Staff

How the staff made us feel ?

Getting to and from the project



The activities



My sister

- 1. My sister was only four when my dad went to prison and she couldn't understand where he'd gone.
- 2. She thinks that my dad has been working away for the past two years.
- 3. My sister thinks my dad works for G4S and when she's sees the vans she says my dad might be in that.
- 4. This programme has helped us have a more normal relationship with our dad whilst he's away.

Thank You to Everyone For :

- For giving me and my sister the opportunity to take part in this project.
- For helping us to continue to bond with our dad as the years he is away we can never get back.
- For making me and my sister feel safe and welcome.
- Finally
- Although my dad is not here today I felt it was important to attend and wish the project would continue so other children and parents can benefit.