Medical and Dental Practices

May 2008

The **Medical and Dental Practices** guide is for international students who wish to know how to use health services in the UK. This guidance sheet has been produced by the **International Student Advisory Service (ISAS).**

Medical Practices

Can I register with a Medical Practice?

Please use the UKCISA guidance note "Keeping Healthy" to find out if you are eligible for free NHS healthcare. This is available from the International Office reception (Aston Webb building), or on the link below.

http://www.ukcosa.org.uk/files/pdf/info_sheets/keeping_healthy.pdf

If you are entitled to NHS treatment, you will be able to use a GP (doctor) and other GP services (e.g. visiting a clinic) for free. You will also be able to get treatment in a hospital (both emergency and non-emergency). You may need to pay for some GP services (e.g. certain vaccinations), dental and optical treatment, medicines prescribed by your GP or prescription medicines.

Some groups can get free prescriptions (see UKCISA guide above). If you cannot get free NHS prescriptions and you will be receiving prescriptions on a regular basis, you could reduce your costs by purchasing a prepayment certificate. This is a certificate that allows you to make unlimited number of NHS prescriptions. If you think you will have to pay for more than 5 prescription items in 4 months or 14 items in 12 months, you may find it cheaper to buy a prepayment certificate (PPC). You can get a prepayment certificate application form from most Post Offices or at the Department of Health website on the link below (in the search box type 'prepayment certificate'):

http://www.dh.gov.uk/Home/fs/en

You may also be able to claim for help towards health costs on the grounds of low income. Ask your GP surgery for a HC1 form (also available at ISAS and the ARC), or request a form online: <u>www.ppa.org.uk</u> (do a search for HC1 form). Health benefits are not classed as 'public funds'. Your immigration status will not be affected if you claim and receive any help with health costs.

For further information please refer to the UKCISA Guide 'Keeping Healthy'.

How do I register with a Medical Practice?

To register, you will need to visit the reception of your nearest GP's (doctor's) surgery during opening hours, taking your offer letter or enrolment letter to show that you are a student. You should register with a GP's surgery close to your accommodation soon after your arrival in the UK.

To find your nearest doctor visit the NHS link below:

http://www.nhsdirect.nhs.uk/LocalServices/LocalServices.aspx

Local Medical Practices

These are listed according to how close they are to the University

<u>The University Medical Practice</u> The University Medical Centre, 5 Pritchatts Road, Birmingham B15 2QU Tel: 0121-687-3055 / Fax: 0121-687-3054 Web: <u>www.theump.co.uk</u>

Bournbrook Varsity Medical Practice 480 Bristol Road, Selly Oak, Birmingham B29 6BD Tel: 0121 472 0129

Southgate Surgery 11 Bournbrook Road, Selly Oak, Birmingham B29 7BL Tel: 0121 415 5237 / Fax: 0121 472 5414

Harborne Medical Practice 4 York Street, Harborne, Birmingham, B17 0HG Tel: 0121 427 5246 / Fax: 0121 427 3087

Weoley Park Surgery 112 Weoley Park Road, Birmingham B29 5HA Tel: 0121 472 1965 / Fax: 0121 415 5671

Moor Green Lane Medical Centre 339 Moor Green Lane, Moseley, Birmingham B13 8QS Tel: 0121 472 6959 / Fax: 0121 415 4533

<u>Ash Tree Medical Centre</u> 1536 Pershore Road, Stirchley, Birmingham B30 2NW Tel: 0121 458 1031 / Fax: 0121-459 1182

<u>Selly Park Surgery</u> 2 Reaview Drive, Pershore Road, Birmingham B29 7NT Tel: 0121 472 0187

<u>Strensham Road Surgery</u> 4 Strensham Road, Balsall Heath, Birmingham B12 9RR Tel: 0121 440 3720 / Fax: 0121 440 0591

Lordswood House Medical Practice 54 Lordswood Road, Harborne, Birmingham, B17 9DB Tel: 0121 426 2030

Bellevue Medical Centre 6 Bellevue, Edgbaston, Birmingham, B5 7LX Tel: 0121 446 2000 / Fax: 0121 446 2015

Moseley Medical Centre 21 Salisbury Road, Moseley, Birmingham, B13 8JS Tel: 0121 449 0122 / Fax: 0121 449 6262

<u>River Brook Medical Centre</u> 3 River Brook Drive, Stirchley, Birmingham B30 2SH Tel: 0121 451 2525

Dental Practices

Can I register with a Dental Practice?

Please use the UKCISA guidance note "Keeping Healthy" to find out if you are eligible for free NHS healthcare. This is available from the International Office reception (Aston Webb building), or on the link below.

http://www.ukcosa.org.uk/images/health.pdf

Unlike medical treatment under the NHS, there is always a charge for dental treatment. You will need to be registered with a doctor in order to qualify for NHS dental treatment (where the Government subsidises the cost of treatment), otherwise you could register as a private patient but will have to pay the full cost.

How do I register with a NHS Dental Practice?

Once you have registered with a doctor, you will receive a medical card by post, which will include your NHS number. You should contact your dentist and ask if they accept NHS patients (some only accept private patients). If you are accepted you will use your NHS number when booking an appointment.

You may also be able to claim for help towards health costs on the grounds of low income (you would need to complete a **HC1** form). If you have already paid for your treatment you should complete form **HC5** within 3 months of the date on your receipt. Both forms are available from your dentist's surgery or you can request them online: <u>www.ppa.org.uk</u> (search for HC1 form or HC5).

For further information please refer to the UKCISA Guide 'Keeping Healthy' on the link below:

http://www.ukcosa.org.uk/images/health.pdf

To find your nearest dentist visit the NHS link below or see our list:

http://www.nhsdirect.nhs.uk/LocalServices/LocalServices.aspx

Local Dental Practices

These are listed according to how close they are to the University

<u>The University Dental & Implant Centre</u> 5 Pritchatts Road, Edgbaston, Birmingham, West Midlands, B15 2QU Tel: 0121 687 8882 / Fax: 0121 687 8883 Web: <u>www.udp.org.uk/</u>

Dental Practice 124 Dawlish Road, Selly Oak, Birmingham, B29 7AA Tel: 0121 414 1551

<u>JD Dental Surgery</u> 110 Raddlebarn Road, Selly Oak, Birmingham, B29 6HH Tel: 0121 471 3377

Oakville Dental Health Practice 968 Bristol Road, Selly Oak, Birmingham, B29 6NB Tel: 0121 472 2234 <u>Dental Surgery</u> 213 Harborne Lane, Selly Oak, Birmingham, B29 6SS Tel: 0121 472 1525

Metchley Dental Practice 23 Metchley Lane, Harborne, Birmingham, B17 0HP Tel: 0121 427 5069

<u>Cottam & Cottam Dental Practice</u> 1 St Peter's Road, Harborne, Birmingham, B17 0AT Tel: 0121 428 2824

<u>Fraser Dental Practice</u> 78 Harborne Road, Edgbaston, Birmingham, B15 3HN Tel: 0121 454 2413

Selly Park Dental Surgery 631 Pershore Road, Selly Park, Birmingham, B29 7HP Tel: 0121 472 3001

South Birmingham Orthodontics 681 Pershore Road, Selly Park, Birmingham, B29 7NY Tel: 0121 472 6001

Harborne Dental Surgery 177 Knightlow Road, Harborne, Birmingham, B17 8PY Tel: 0121 420 2323

International Student Advisory Service (ISAS)

Opening Hours (term time):

Monday to Thursday 9 am – 5.00 pm Friday 9 am – 4.00 pm

Tel: 0121 414 8464

Email: ISAS@contacts.bham.ac.uk

Website: www.as.bham.ac.uk/international

Located within the International Relations Office, Aston Webb Building, University of Birmingham, Edgbaston, Birmingham, B15 2TT.

<u>Disclaimer</u>

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For further information regarding healthcare in the UK please visit the NHS Direct website: <u>http://www.nhsdirect.nhs.uk/</u>

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